



**north east outreach**  
and support services

- \* Supportive Counselling
- \* Outreach Services
- \* Advocacy
- \* Information & Resources
- \* Crisis Assistance
- \* Public Education & Awareness

All services are free and confidential.

\* We do not subscribe to call display\*

### Our Mission

*North East Outreach and Support Services enhances the safety and wellness, and nurtures personal growth, of individuals and families affected by domestic and sexualized violence in North Eastern Saskatchewan.*

### Our Services

#### Personal Violence

#### Prevention & Support

*Our Support Workers will work with you to help you explore your options, discover your strengths and encourage your personal growth.*

*We offer:*

- \* Supportive Counselling, information, and advocacy through individual or group support sessions
- \* Referrals to other community agencies and help to coordinate the services you need
- \* Assistance with crisis situations
- \* Assistance with access to shelter and planning for your safety

#### Community outreach

*As a regional program, we provide outreach services to those in need. Our support workers can meet with you in your own community, or you are welcome to come to our Melfort office.*

### 24 Hour Crisis Line

*Our 24 hour crisis line provides:*

- \* Telephone support in any crisis
- \* Supportive listening
- \* Information and referrals

*We do not subscribe to call display*

**1-800-611-6349**

#### Public Awareness & Prevention

*Our staff are available to provide education, awareness and prevention presentations to any group of interested children, youth or adults. Topics include, but are not limited to:*

- \* Interpersonal violence/abuse
- \* Dating violence
- \* Sexual assault/abuse
- \* Healthy relationships

#### Resource Centre

*Our Resource Centre is located on the main floor of our office and contains resources available to everyone.*

**How to contact us:**

Phone : 306-752-9464

Fax: 306-752-3122

E-mail: [NEOSS@hotmail.ca](mailto:NEOSS@hotmail.ca)

Address: 103 McKendry Ave East (box 2066)

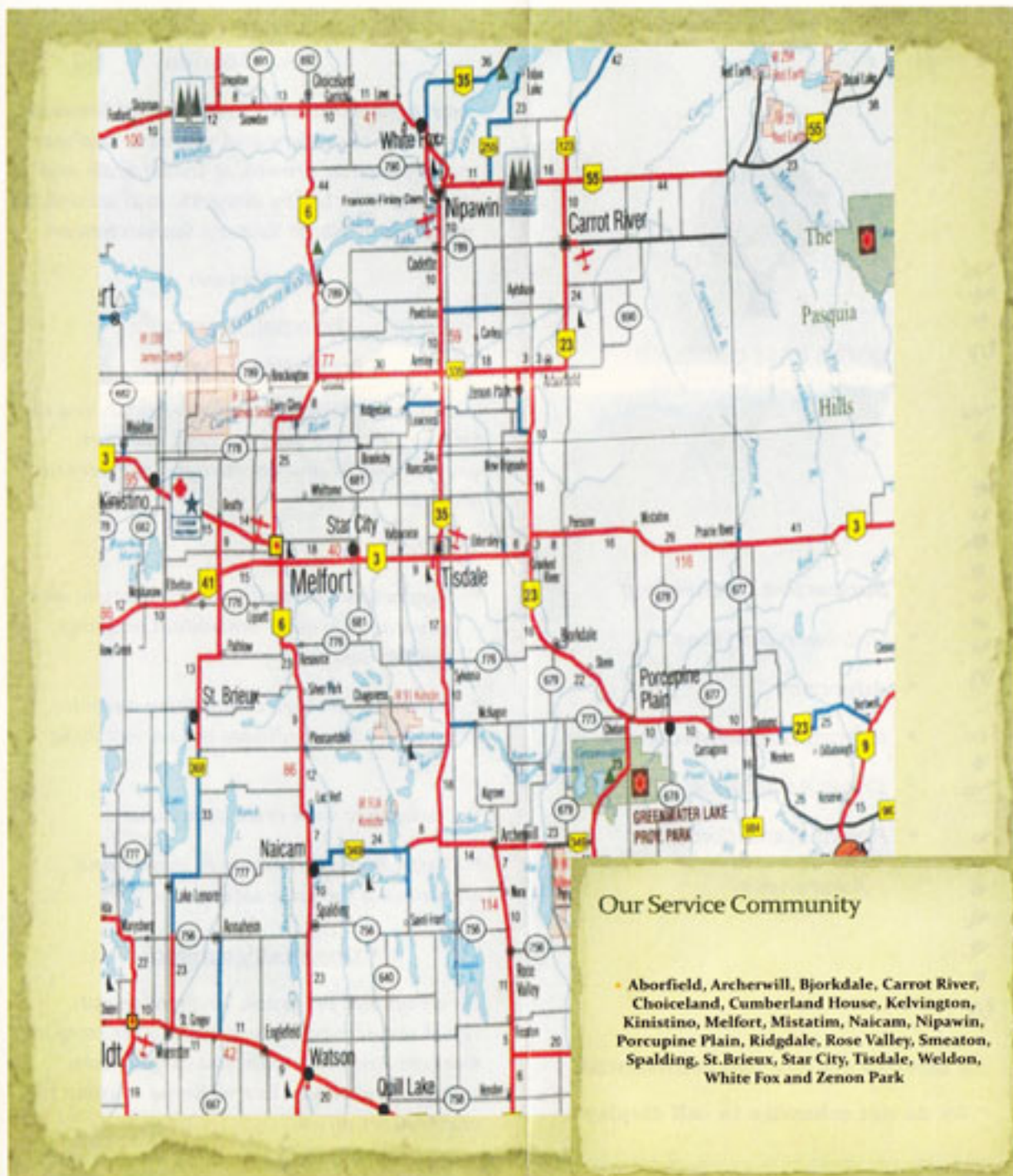
Melfort, Sk. S0E 1A0

**Website:** [www.northeastoutreach.ca](http://www.northeastoutreach.ca)



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Funded by:



**Our Service Community**

- Aborfield, Archerwill, Bjorkdale, Carrot River, Choiceland, Cumberland House, Kelvington, Kinistino, Melfort, Mistatim, Naicam, Nipawin, Porcupine Plain, Ridgdale, Rose Valley, Smeaton, Spalding, St.Brieux, Star City, Tisdale, Weldon, White Fox and Zenon Park